### HOW TO INFLUENCE

# STATE POLICY

August 29, 2019

# AGENDA

ROADMAP

What is What could be How do we get there? 2019 Washington legislative activity





# STEP 1: KNOW THE LANDSCAPE WHAT IS

UNDERSTAND CURRENT STATE OF TELEHEALTH POLICY

# WASHINGTON STATE TELEHEALTH COLLABORATIVE

### VISION

The Collaborative will advance excellence and innovation in telehealth for all Washington communities, improving access to high-quality, safe and affordable health care in Washington State

System

### **MEMBERS**

Dr. John Scott, Director of Telehealth Services, UW Medicine, Collaborative Chair

Washington State Senator Randi Becker

Washington State Representative Marcus Riccelli

Washington State Senator Annette Cleveland

Washington State Representative Joe Schmick

Dr. Chris Cable, Senior Medical Director, Kaiser Permanente Washington

Kathleen Daman, Telehealth Clinical Program Manager, Swedish Health Services

Brodie Dychinco, General Manager of Convenient Care Delivery, Cambia Health Solutions/Regence

Joelle Fathi, DNP, RN, ANP-BC, Director of Nursing Practice and Health Policy, Washington State Nurses Association

Dr. Frances Gough, Chief Medical Officer, Molina Healthcare

Sheila Green-Shook, Chair, Advocacy Committee, Washington State health Information Management Association Sheryl Huchala, Contracting Manager, Premera Blue Cross Dr. Ricardo Jimenez, Vice President of Medical Affairs and Chief Medical Officer, Sea Mar Community Health Centers Dr. Geoff Jones, Family Physician, Newport Community Hospital Dr. Scott Kennedy, Chief Medical Officer, Olympic Medical Center Denny Lordan, Telehealth Program Coordinator, Providence Healthcare Adam Romney, Partner, David Wright Tremaine, LLP Dr. John Scott, Director of Telehealth Services, Chair, UW Medicine Cara Towle, RN MSN MA, Associate Director Integrated Care Training Program & Psychiatry Consultation Program, UW Medicine Lori Wakashige, Program Director, Regional Outreach & Telehealth, Legacy Health Stephanie Cowan, Clinical Care Director –Virtual Health | MultiCare Health

Sarah Orth, Telehealth Program Manager Senior, Seattle Children's Hospital



# DEFINITIONS

Clinical Services Technology

## **Clinical Services**

#### PROVIDER TYPES

Some states have limitations around the provider types that can be reimbursed by telehelath services.

### LICENSING

Most states require licensure in the state the patient is located at the time of the telemedicine visit.

### CREDENTIALING & PRIVILEGING

Credentialing and privileging is usually required at any health care facility, and may be allowed to be completed by proxy (acceptance of distant site decisions).

### **OPERATIONS**

Check to see if laws, regulation, or policy exist about clinical standards of practice via telemedicine, informed consent, provider locations, prescribing, privacy for minors, etc.

# TECHNOLOGY



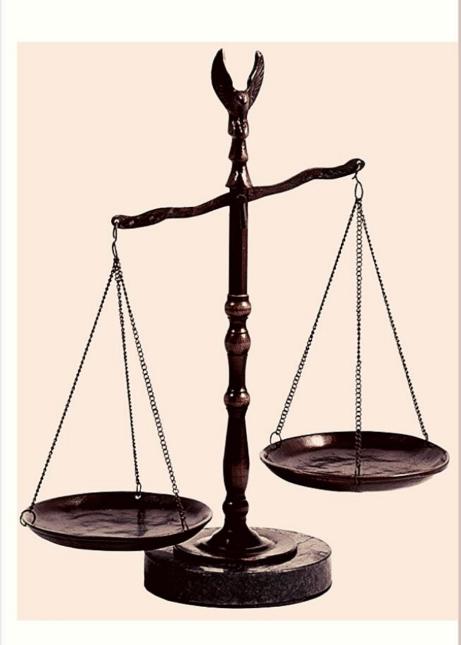
Live audio-video



Asynchronous/ store and forward



Remote monitoring/ wearables



# PARITY

### **COVERAGE VS. PAYMENT**

**Coverage**: Refers to clinical services delivered through telehealth must be "covered", or cannot not be reimbursed by payers (usually third-party and/or Medicaid)

**Payment**: Refers to the payment of services delivered in-person or by telemedicine must be the equal.

- Six states have payment parity laws on the books: Arkansas, Colorado, Delaware, Kentucky, Minnesota, New Jersey
- Proposed 2019 telehealth payment parity legislation
  - Three state passed: Georgia, New Mexico, Mississippi
  - One state still active: California
  - Five states failed: Massachusetts, New York, North Carolina, Oregon, Washington
- Five states have laws enacted related to payment but do not require payment parity: Kansas, Louisiana, North Dakota, Tennessee, Texas
- Other states introduced bills related to telemedicine payment but not parity

# STEP 2: KNOW THE IDEAL FUTURE



# GOAL

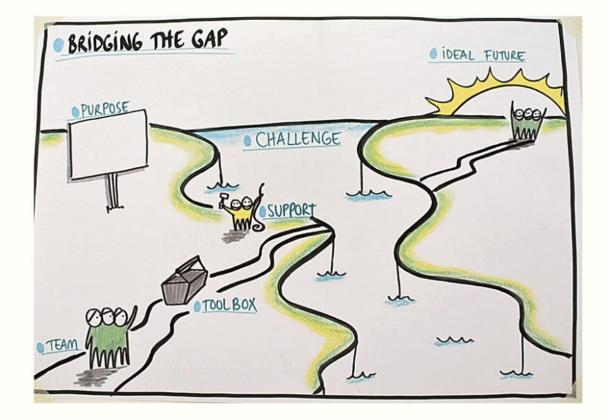
### NEVER HEAR THE WORD "TELEHEALTH" AGAIN

Offering services in person or virtually in any modality = no difference in operational process, clinical care quality or patient safety



### STEP 3: GAPS

# HOW DO WE GET TO IDEAL FUTURE?



# WHAT TO DO? CLOSE THE GAPS AND DIG IN

- Find legislator champions and be their friend
- Propose reasonable steps to close the gap, it won't be perfect the first time
- Find stakeholder champions and identify what they are willing to do/change
- Stay in the limelight
- Balance what could be with current environment; don't make it too radical or restrictive
- Take advantage of existing stakeholder advocacy groups whenever possible

### WashingtonState TelehealthCollaborative

### **2019 WASHINGTON TELEHEALTH LEGISLATION**

# DISCUSSED, PROPOSED, LEGISLATIVE OUTCOME

# SENATE BILL 5387: CREDENTIALING BY PROXY

#### DISCUSSION

Washington had an existing law that enabled telemedicine privileging by proxy.

This proposal added to the existing law the possibility for telemedicine credentialing by proxy.

When granting or renewing credentials of any physician providing telemedicine services, an originating site hospital may rely on a distant site hospital's decision to grant or renew credentials.

#### PROPOSED LEGISLATION

Modified existing legislation to add "credentialing and" to each instancing of telemedicine privliging by proxy

#### OUTCOME

Passed, no modifications

Signed by Governor

Effective 7/28/19

# SENATE BILL 5386: TELEMEDICINE TRAINING

#### DISCUSSION

Concerns for rural and independent health care professionals about following standards of care and knowing all of the rules for delivering care via telemedicine. It was decided the Washington State Telehealth Collaborative

#### PROPOSED LEGISLATION

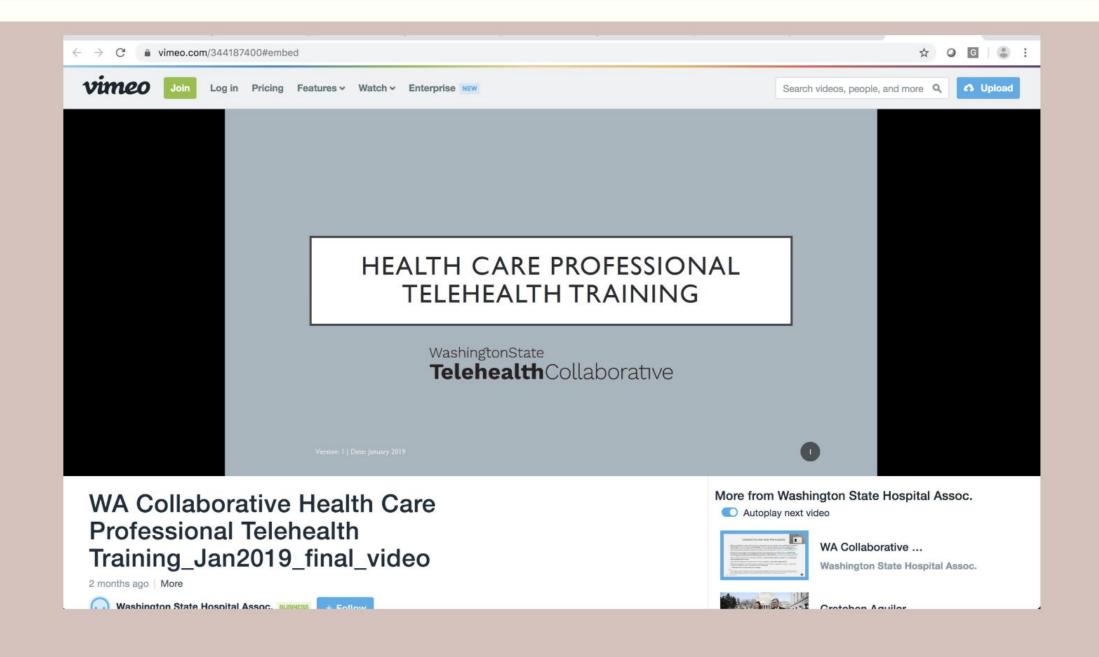
Beginning January 1, 2020, health care professionals who provide services through telemedicine shall complete telemedicine training prior to providing those services. The training may be incorporated into existing telemedicine training.

#### OUTCOME

Passed, with modifications training optional/"may"

Signed by Governor

Effective 7/28/19



https://vimeo.com/344187400

# SENATE BILL 5385: TELEMEDICINE PAYMENT PARITY

#### DISCUSSION

Some members believed that telemedicine visits may not be equivalent clinically to an in-office visit, that the overhead costs can be lower and that one purpose of the technology is to lower the cost of health care. Other members disagreed, saying that there are other overhead costs (such as software, hardware, IT help, clinical staff and office space) which need to be accounted for

#### PROPOSED LEGISLATION

Added language to existing coverage bill for real time audiovideo payment parity: at the same rate as if the health care service was provided in person by the provider Removed requirement for an associated office visit with referring provider for store and forward reimbursement

#### OUTCOME

Died

## THINGS TO KEEP IN MIND

### SURVIVAL TIPS FOR INFLUENCING POLICY

#### Always think far ahead.

Changing policy is a hard, long journey. Make small policy changes incrementally towards your end goal over time. Revisit and re-engage stakeholders to evaluate previous years' policy changes and propose more changes.

#### Do contingency planning.

Have a plan for compromise or bill failure. What can you do to improve the vetting process next year?

#### Strategically engage stakeholders.

Find the active movers and shakers and be their friend. Find the "win" from each perspective and build it into the draft bill language. Fully address opposition before dropping the bill

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### FOR QUESTIONS AND CLARIFICATIONS

