

NRTRC State Telehealth Information, as of 4/5/2020

ALASKA
<p><i>Before COVID-19, as of October 2019</i></p> <p>Alaska State Laws & Reimbursement Policies</p> <p>Medicaid reimburses Live Video, S&F, RPM, w/some restrictions</p> <ul style="list-style-type: none"> – Live video: office consults by provider of same specialty within same org are not covered. – Live video & S&F: pay professional services only, not tech or systems – Not covered: telephone when not part of a dedicated audio conference system (?) – Billing: POS 02, Live video modifier GT or 95, S&F modifier GQ
<p><i>During COVID-19 Public Health Emergency</i></p> <p>Temporary Expansion of Medicaid Telehealth Coverage revised 3/30/2020</p> <ul style="list-style-type: none"> – Location of member and provider unrestricted to include home or facility – Live video – applications such as Zoom, Skype and Facetime are allowed – Telephone – 5-30 minute for E&M and behavioral health with established patient. – Online digital services – E&M and behavioral health w established patient. Patient-initiated through EHR portal, email, or live interactive – FQHC and RHCs reimbursed at their encounter rate – Expanded services including midwife (add appropriate modifier GQ, GT, 95), care management, OT/PT/SLP (use GT or 95 modifier) – Medicare crossover: G2012 and G0071 covered for dual eligible members <p>Telehealth & Licensing During COVID-19, issued 3/18/2020, Div. of Corporations, Business and Professional Licensing</p> <ul style="list-style-type: none"> - Exceptions for prescription for a controlled substance to mirror fed DEA guidelines - No changes related to licensing or renewals <p>AK SB 241 Extending COVID-19 Declaration/Relief</p> <ul style="list-style-type: none"> – As of 4/1/2020, legislation passed and sent to governor. Will expedite licensure, permits and certificates <p>Alaska COVID-19 Page</p>
IDAHO
<p><i>Before COVID-19, as of October 2019</i></p> <p>Idaho State Laws & Reimbursement Policies</p> <p>Medicaid reimburses live video for certain providers and for specific services</p> <ul style="list-style-type: none"> – Includes developmental disabilities, early intervention, primary care, OT/PT/SLP, interpretive services, school-based Community-Based Rehab Services (CBRS) – Consent is required <p>Online prescribing physician must have an established prescriber-patient relationship. Prescriptions can be issued using telehealth, with rules, and established provider-patient relationship can be established using live video.</p>
<p><i>During COVID-19 Public Health Emergency</i></p> <p>Board of Medicine COVID-19 Proclamation issued 3/18/2020</p> <ul style="list-style-type: none"> - During the public health state of emergency, MDs, DOs, and PAs holding a license in good standing from another state or country are permitted to treat patients in Idaho without an Idaho

Sources:

[Current State Laws & Reimbursement Policies](#) (as of October 2019), Center for Connected Health Policy
[COVID-19 Related State Actions](#), Center for Connected Health Policy (CCHP)
[State Waiving Licensure Requirement/Renewals in Response to COVID-19](#), Federation of State Medical Boards

license. This is permitted until the Governor declares that the public health emergency is over. Out-of-state practitioners treating Idaho patients are encouraged to notify the Board of their intent to practice in Idaho.

- [Application for Temporary Licensure Idaho COVID-19 Page](#)

MONTANA

Before COVID-19, as of October 2019

[Montana State Laws & Reimbursement Policies](#)

Medicaid reimburses for live video for medically necessary services

- Distant site providers and originating site may not be within the same facility or community or have the same tax id number.
- Pays originating site fees
- Home is an eligible site, though not eligible for originating site fees
- Billing: Distant site provider GT modifier or POS 02, originating site Q3014
- No telephone

Private payer coverage parity

During COVID-19 Public Health Emergency

[Executive Order 3/20/2020](#)

- Waived strict compliance for licensure
- Expand telehealth to include live video, telephone and other electronic media
- Strict adherence to some board specific telehealth requirements are suspended
- Recent CMS waivers **do not expand** list of healthcare professions or services reimbursed by Montana Medicaid

[Medicaid Coverage and Reimbursement Policy for Telemedicine/Telehealth Services](#)

- Including telephone and live video; same rates as in person
- Covers teledentistry

[Montana Health Insurers Expanding Telehealth Coverage to Fight COVID-19](#)

- BlueCross BlueShield adding telephone and eliminating member cost sharing
- PacificSource Health Plans extending coverage consistent with CMS, eliminated co-pays for members who access TeleDoc
- Montana Health CO-OP – full telehealth coverage including audio-only consistent with fed and state guidance, waiving co-pays and deductibles, early RX refills
- Allegiance Life & Health Insurance Company reimburse for phone and live video for screening/testing for COVID-19. Also covers telehealth not related to COVID-19

[Executive Orders providing for expanded telehealth](#)

[Board of Medicine Guidance due to COVID-19](#)

- Interstate Licensure Registration for out of state licensees in response to COVID-19

[MCA Interstate Licensure Recognition](#)

[Montana COVID-19 Page](#)

OREGON

Before COVID-19, as of October 2019

[Oregon State Laws & Reimbursement Policies](#)

Sources:

[Current State Laws & Reimbursement Policies](#) (as of October 2019), Center for Connected Health Policy
[COVID-19 Related State Actions](#), Center for Connected Health Policy (CCHP)
[State Waiving Licensure Requirement/Renewals in Response to COVID-19](#), Federation of State Medical Boards

Medicaid reimburses for live video, telephone under some circumstances, S&F and RPM for dental services

- Billing GT modifier and originating site (called transmission site) Q3014
- Consent is required for teledentistry

Private payer coverage parity for live video

Consent

- required for physical therapy
- is a patient right for Community Treatment & Support Services

During COVID-19 Public Health Emergency

[Oregon Health Plan coverage of telephone/telemedicine/telehealth services](#)

- Expand to live video, telephone, online (patient portal) and provider-to-provider for medical and behavioral
- Medicaid FFS adding additional codes retroactive to January 1, 2020
- CCOs shall cover telemed
- Removing barriers to telemed
- Clarify FQHC and RHCs

[Oregon Board of Medicine Guidance](#)

- During a state of emergency, out-of-state physicians and PAs may provide medical care in Oregon under special provisions. They must be actively licensed and in good standing in another state and must submit an [Emergency Authorization Application](#) and supplemental materials.

[Medical Board Topics of Interest](#)

- Scroll down to **Telemedicine Information** for a detailed summary of COVID-19 changes
- Oregon Health Authority temporary administrative orders and rule changes
- [OAR 410-130-0610](#) amends telemedicine rule to align updated practice guidelines and reduce barriers
 - [OAR 410-141-3830](#) updates to the prioritized list of covered health services to improve access to telehealth

[Oregon Health Authority COVID-19 Page](#)

UTAH

Before COVID-19, as of October 2019

[Utah State Law & Reimbursement Policies](#)

Medicaid reimburses for live video.

- Reimburses Telepsychiatric Consultations between physician and a board-certified psychiatrist
- RHC and FQHC services may be delivered via telemedicine
- RPM only for long term cardiac patients w test ordered by neurologist & reviewed/interpreted by a cardiologist
- Must comply w HIPAA

Online prescribing – before prescribing, provider must obtain & document patients' clinic history and current symptoms

During COVID-19 Public Health Emergency

[Executive Order – suspending enforcement of statutes relating to telehealth services](#)

- Relaxes HIPAA requirements with instructions

[DOPL Guidance](#)

Sources:

[Current State Laws & Reimbursement Policies](#) (as of October 2019), Center for Connected Health Policy

[COVID-19 Related State Actions](#), Center for Connected Health Policy (CCHP)

[State Waiving Licensure Requirement/Renewals in Response to COVID-19](#), Federation of State Medical Boards

- Physicians, nurses, pharmacists, social workers, marriage and family therapists, clinical mental health counselors and substance use disorder counselor who are licensed and lawfully practicing in another U.S. state or territory without restrictions or conditions may practice in Utah for the duration of the declared emergency by obtaining a [DOPL Time-limited Emergency License](#). Time-limited Emergency Licenses expire upon the earlier of 180 days, 30 days from the end of the declared emergency, or upon 10 days' notice from DOPL. All DOPL fees are waived for these applicants.

[UDOH Medicaid COVID-19 Telehealth Guidance 3.20.2020](#) pdf shared by UDOH

- In addition to live video, telephone when clinically appropriate is permitted
- Bill Medicaid FFS using POS 02
- Medicaid managed care plans must follow Medicaid's benefit and coverage policies
- Telehealth can include home and other community settings
- Medicaid following CMS guidance relaxing HIPAA requirements

[UDOH COVID-19 Telehealth Resource Center](#) pdf shared by UDOH

- Comprehensive list of resources and information, including public and private payer coverage during COVID-19
- [AETNA](#) will waive member cost-sharing for covered telehealth service by AETNA Teledoc offerings and in-network providers
- [Cigna](#) waive cost-sharing for telehealth screening for COVID-19 and make it easier to be treated virtually for routine medical exams by in-network physicians.
- [PEHP](#) accepts GT & 95 modifiers or POS 02 for telehealth services
- [Regence BCBS](#) expanding telehealth services and to be paid consistent with in-person visits, Bill POS 11 or IOP and use GT modifier effective as of March 19, 2020. Options for telehealth include in-network providers, Doctor on Demand and MDLive, Nurse line, Secure messaging Ask a Doctor. BCBS Federal Employee Program receives telehealth through Teledoc,

[Utah COVID-19 Page](#)

WASHINGTON STATE

Before COVID-19, as of October 2019

[Washington State Laws & Reimbursement Policies](#)

Medicaid (Apple Health) reimburses for live video, S&F, and RPM under some circumstances

- Must be HIPAA complaint
- Medically necessary, Applied Behavioral Analysis (ABA) for clients age 20 & younger, behavioral health, teledentistry
- RHC can be distant site
- Originating sites can include home and schools, and located urban & rural
- Originating site/transmission fee
- S&F requires written consent. Telederm (modifier GQ, POS 02 distance provider, sending provider E&M code, no modifier), dentistry, behavioral health
- RPM coverage limited to 1 telemed interaction /patient/day, provided by RN or LPN
- Not telephone
- Billing: POS 02. If CAH is distant site, use GT modifier. If distant site is nonfacility, add modifier 95. Originating site/transmission fee Q3014

Private payer coverage law for live video and S&F

- Consent should be obtained and documents
- Guidelines, not law, for online prescribing are considered to be standard of practice

Sources:

[Current State Laws & Reimbursement Policies](#) (as of October 2019), Center for Connected Health Policy

[COVID-19 Related State Actions](#), Center for Connected Health Policy (CCHP)

[State Waiving Licensure Requirement/Renewals in Response to COVID-19](#), Federation of State Medical Boards

During COVID-19 Public Health Emergency[WA HCA offers limited number of no-cost telehealth technology licenses for providers](#)

- Free Zoom licenses for certain providers

[Medicaid coverage for telemedicine services](#)

- Links and phone numbers to FFS and MCOs policies and FAQs

[Family Planning Only Program telemedicine services during COVID-19](#)

- FFS live video telemedicine service, specifies details of coverage

[Proclamation by the Governor Amending Proclamation 20-05](#)

- Mandates payment parity for telehealth

[Medical Commission Guidance](#)

- Volunteers registered in the volunteer health practitioner system and verified to be in good standing in all states where they are licensed, they may practice in Washington without a WA license once activated and assigned by UDOH.

[Washington COVID-19 Page](#)**WYOMING***Before COVID-19, as of October 2019*[Wyoming State Laws & Reimbursement Policies](#)

Medicaid covers live video

- Originating site includes home
- Distant site providers is a limited list (medical, behavioral health, speech therapist)
- Not telephone
- Consent: patient and/or legal guardian may stop using the technology at any time
- Billing: Distant site (hub site) provider uses GT modifier; Originating site (spoke site) bills Q3014
- Provider can bill both originating site and distant site provider when applicable.

Private payers

- Consent is required for physical therapy
- Online prescribing requires a documented physician-patient relationship

During COVID-19 Public Health Emergency[Board of Medicine Guidance](#)

- Physicians and PAs not licensed in Wyoming may work through a “consultation exemption”. An exemption from licensure requires submission and approval of the [Emergency Licensure Application](#).
- Wyoming is waiving the requirement for prescribes to get a DEA registration for Wyoming in order to prescribe controlled substances subject to 2 requirements.
- Physicians licensed in another state who have established physician-patient relationships with WY patients that usually travel out-of-state may continue that care via telehealth, including the telephone, without a Wyoming physician license.

[Wyoming COVID-19 Page](#)

Sources:

[Current State Laws & Reimbursement Policies](#) (as of October 2019), Center for Connected Health Policy

[COVID-19 Related State Actions](#), Center for Connected Health Policy (CCHP)

[State Waiving Licensure Requirement/Renewals in Response to COVID-19](#), Federation of State Medical Boards