

# NRTRC-UMTRC Collaborative Telemental Health Toolkit

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NRTRC Webinar

June 25, 2015

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number G22RH24745-03-00 under the Telehealth Resource Center Grant Program for \$325,000.

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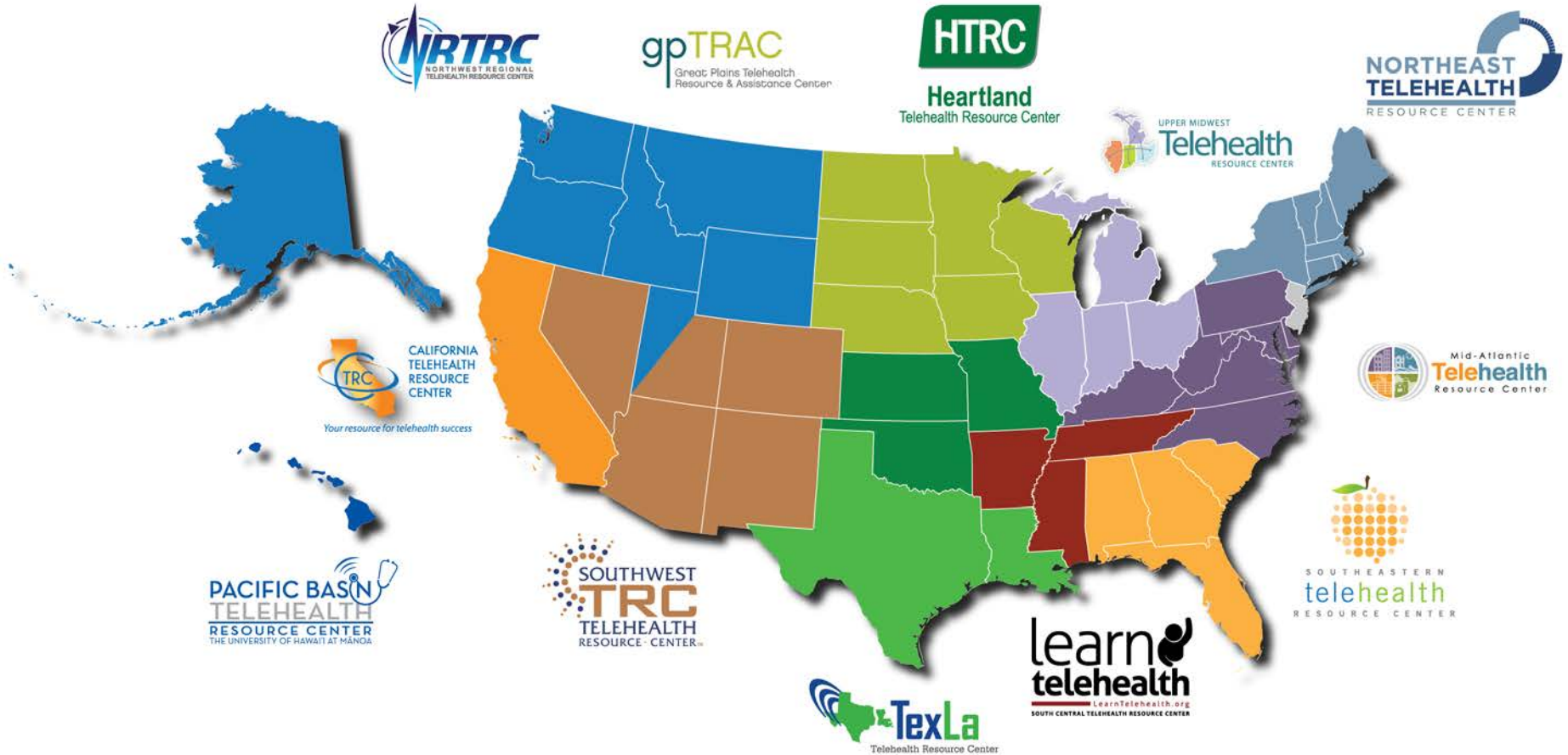


# Outline

- Intro to UMTRC and National TRC Program
- The Purpose of the Telemental Health Toolkit
- Topics Covered and Examples from the Toolkit
- Questions



# TelehealthResourceCenters.org




2 National Resource Centers

NRTRC	gpTRAC	NETRC
CTRC	HTRC	UMTRC
SWTRC	SCTRC	MATRC
PBTRC	TexLa	SETRC

12 Regional Resource Centers

[telehealthresourcecenters.org](http://telehealthresourcecenters.org)

- Links to all TRCs
- National Webinar Series
- Reimbursement, Marketing, and Training Tools



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Resource Centers

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Expanding Our Reach »  
Telehealth Resource Centers are located across the country.

1 2 3 4 5 6 »

### TRC National Webinar Series

May 22, 2015  
Every month the TRCs present a topic of current interest in telehealth. Join us on the third Thursday of every month.







**JUN 18, 2015: Presented by SCTRC**  
**JUL 16, 2015: Presented by NTRC-P**  
**AUG 21, 2015: Presented by PBTRC**

[Join us for our webinar series!](#)  
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### Welcome to the Consortium of Telehealth Resource Centers Website!

Telehealth Resource Centers (TRCs) have been established to provide assistance, education and information to organizations and individuals who are actively providing or interested in providing medical care at a distance. Our simple charter from the Office for Advancement of Telehealth is to assist in expanding of the availability of health care to underserved populations. And because we are federally funded, the assistance we provide is generally free of charge.

[Read more](#)

 <p><b>CALIFORNIA TELEHEALTH RESOURCE CENTER</b> Your resource for telehealth success</p> <p>Serving California</p>	<p>California Telehealth Resource Center » Phone: 877.590.8144</p>	 <p><b>gpTRAC</b> Great Plains Telehealth Resource &amp; Assistance Center</p> <p>Serving North Dakota, South Dakota, Minnesota, Iowa, Wisconsin and Nebraska</p>	<p>Great Plains Telehealth Resource &amp; Assistance Center » Phone: 888.230.7002</p>
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# UMTRC Services

- Presentations & Trainings
- Individual and Group Consultation
- Training and Technical Assistance
- Connections with other programs
- Program Design and Evaluation
- Information on current legislative and policy developments



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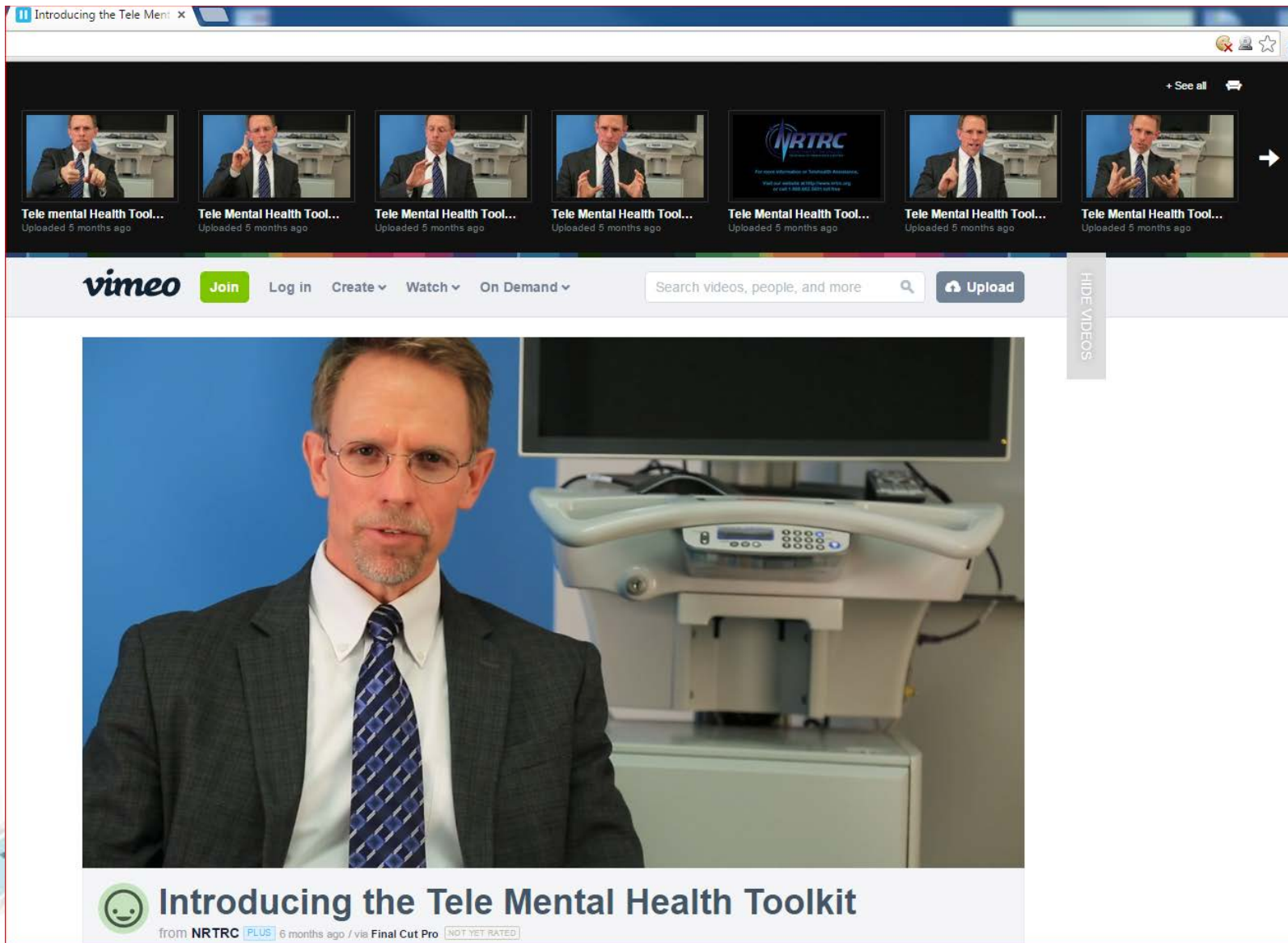
# Professional Videoconferencing

- Use of live video is becoming ubiquitous, but most people still can't take a good picture, let alone host a high-quality video call.





# The Telemental Health Toolkit



The screenshot shows a Vimeo video player interface. At the top, there is a navigation bar with the Vimeo logo, a 'Join' button, and links for 'Log in', 'Create', 'Watch', and 'On Demand'. A search bar and an 'Upload' button are also present. The main content area displays a grid of video thumbnails, each titled 'Tele mental Health Tool...' and 'Uploaded 5 months ago'. The central video player shows a man in a suit and glasses speaking, with a telehealth workstation (monitor, keyboard, and mouse) visible in the background. Below the video player, the title 'Introducing the Tele Mental Health Toolkit' is displayed, along with the uploader information: 'from NRTRC PLUS 6 months ago / via Final Cut Pro NOT YET RATED'. A 'HIDE VIDEOS' button is located on the right side of the player.





# Purpose of the Toolkit

- Introduce basic videography concepts
- Optimize audio/video performance for generic videoconferencing equipment
- Introduce basic clinical concepts for telemental health practitioners
- Provide basic discussion of clinical techniques used in telemental health



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# Basic Video Concepts

- Room layout
- Lighting
- Sound
- Angles and Framing
- Continuous Testing



# Telemental Health Topics

- Pre-encounter preparation
- Protocols
- The Site Coordinator
- Video Etiquette
- Patient Engagement
- Discussion of the use of video for various clinical techniques



# Video Clips

- Technology Clip 3: Lighting (0:00 – 5:15)
- Professional Clip 3: Etiquette (0:00 – 5:21)



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# QUESTIONS

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