NRTRC-UMTRC Collaborative Telemental Health Toolkit

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Outline

• Intro to UMTRC and National TRC Program

• The Purpose of the Telemental Health Toolkit

• Topics Covered and Examples from the Toolkit

• Questions
telehealthresourcecenters.org

- Links to all TRCs
- National Webinar Series
- Reimbursement, Marketing, and Training Tools
UMTRC Services

- Presentations & Trainings
- Individual and Group Consultation
- Training and Technical Assistance
- Connections with other programs
- Program Design and Evaluation
- Information on current legislative and policy developments
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Professional Videoconferencing

• Use of live video is becoming ubiquitous, but most people still can’t take a good picture, let alone host a high-quality video call.
The Telemental Health Toolkit
Purpose of the Toolkit

• Introduce basic videography concepts
• Optimize audio/video performance for generic videoconferencing equipment
• Introduce basic clinical concepts for telemental health practitioners
• Provide basic discussion of clinical techniques used in telemental health
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Basic Video Concepts

- Room layout
- Lighting
- Sound
- Angles and Framing
- Continuous Testing
Telemental Health Topics

- Pre-encounter preparation
- Protocols
- The Site Coordinator
- Video Etiquette
- Patient Engagement
- Discussion of the use of video for various clinical techniques
Video Clips

- Technology Clip 3: Lighting (0:00 – 5:15)
- Professional Clip 3: Etiquette (0:00 – 5:21)
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QUESTIONS

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