

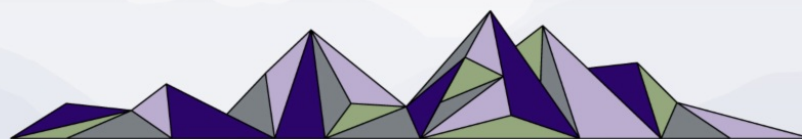


Greetings Northwest Region:

SAVE the DATE

May 9 and 10, 2023

Watch for registration details coming soon



THE **TeleBehavioral Health Summit**

Presented virtually by the
**Behavioral Health Institute
at Harborview Medical Center**
In partnership with the **NRTRC**

UW Medicine
HARBORVIEW
MEDICAL CENTER
BEHAVIORAL HEALTH INSTITUTE

UW Medicine
DEPARTMENT OF PSYCHIATRY
AND BEHAVIORAL SCIENCES



Washington State
Health Care Authority

The TeleBehavioral Health Summit is a collaborative effort between the Behavioral Health Institute at Harborview Medical Center/UW Medicine and the Northwest Regional Telehealth Resource Center (NRTRC). This event is generously sponsored by the Washington State Health Care Authority Division of Behavioral Health and Recovery.

Who should attend this free virtual summit?

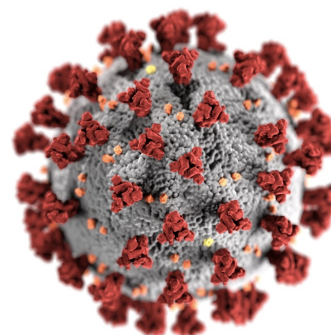
Anyone providing services or leading programs for individuals who live with mental health and substance use issues is encouraged to attend.

Questions? Email bhinstitute@uw.edu.

PHE Coming to an End May 11, 2023

The Biden administration has announced that the COVID-19 public health emergency (PHE) will end on May 11, 2023.

Although many of the waivers introduced during the pandemic will stay in place through December 21, 2024, two waivers will immediately go away. The [HIPAA notification of enforcement discretion](#) during PHE will end, as will the prescribing of controlled substances to patients for whom prescribers have not conducted an in-person medical evaluation.





News You Can Use

[The NCTRC 2022 Annual Report now available!](#) The National Consortium of Telehealth Resource Centers (NCTRC) is pleased to provide this annual report on its activities for 2022. The fourteen telehealth resource centers continue to provide invaluable technical assistance, training and resources to the nation's health care system and patients.

[Underfunded Infrastructure: Impact on Health Equity:](#) The Telehealth Equity Coalition (TEC) explores the digital divide and other key social determinants that create barriers to quality health care. Read about the government policies and infrastructure investments that are needed to address these barriers.

[Best Practices for the Provision of Virtual Care: A Systematic Review of Current Guidelines:](#) Conclusions: "Telemedicine has become a routine element of clinical care in a variety of disease contexts. Best practices for successful telemedicine encounters include ensuring confidentiality and consent, preparation before a visit, and clear patient communication."

[UC Davis Health Study: Telehealth Cuts Health Care's Carbon Footprint and Patient's Costs During Pandemic:](#) Researchers assessed telehealth visits' carbon footprint and their potential savings in lives, costs and time compared to in-person visits.

[What to expect in telehealth in 2023?](#) About 25% of patients used telehealth last year, far exceeding the 5% who accessed care this way before the pandemic. As telehealth evolves, that number is expected to rise in the coming years.



Upcoming Events & Webinars

[NCTRC Webinar: Utilizing Innovations in Telehealth to Advance the Care of Patients in Congregate Settings](#): This webinar will cover the lessons learned during the COVID pandemic about delivering telehealth care to patients in prisons, nursing homes, and group facilities. The presenters will share best practices and lessons learned. They will also explore new, cost-effective models of telehealth care. Feb. 16, at noon MST

[Telemedicine Policy Update: The past, present, and future of the regulation of telemedicine](#): This webinar will review legal and regulatory requirements applicable to telemedicine and the expansion of telemedicine. The session will focus on COVID-19 and Medicare reimbursement, licensure and prescribing issues, the fraud and abuse focus of the Office of Inspector General, and the continued emergence of telemedicine in clinical trials. March 14, 11 a.m. MST

[Leveraging Telemedicine to Eliminate Outcome Disparities for Rural-born Newborns](#): This session will teach attendees about using telehealth to providing critical assessments and care for neonates after difficult deliveries. March 16, 2023 11:00 a.m. PT



ATA2023 Conference & Expo

March 4-6, 2023 | San Antonio, TX

From **Now What?** to **How To!**
The Vision and Realities of Telehealth Adoption

GoTelehealth.org



At ATA2023, discover and learn from industry-leading speakers, innovators and frontline providers focused on creating the right systems, providing the right training and developing the right tools to entrench telehealth – once and for all – in our healthcare lexicon.

Conferences to Look for in 2023

[ATA 2023](#): The American Telehealth Association's annual conference will be held next month in San Antonio. ATA2023 is the telehealth conference that puts telehealth in its place within a hybrid-care delivery model. The conference will feature visionary keynotes, thought-provoking fireside chats, and interactive sessions to advance your knowledge.

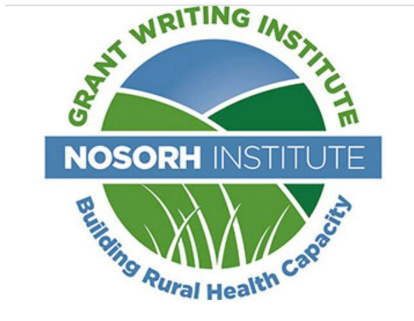
March 4-6, in San Antonio, Texas.

Qualify for a \$300 discount with the [registration link](#) and passcode NRTRC.

[HIMSS 2023](#): The Healthcare Information and Management Systems Society Inc. will bring together thought leaders, disruptors and change-makers across the global health information and technology spectrum. April 17–21 in Chicago.

[NRHA 2023](#): The National Rural Health Association and rural health leaders from across the country will meet to help raise the standard for rural health care. This conference will offer more than 80 innovative, practical and cost-saving sessions. May 16–19 in San Diego.

[APHA 2023](#): The American Public Health Association will hold its annual meeting and expo, Nov. 12–15 in Atlanta.



Registration open for the 2023 NOSORH Rural Health Grant Writing Institute

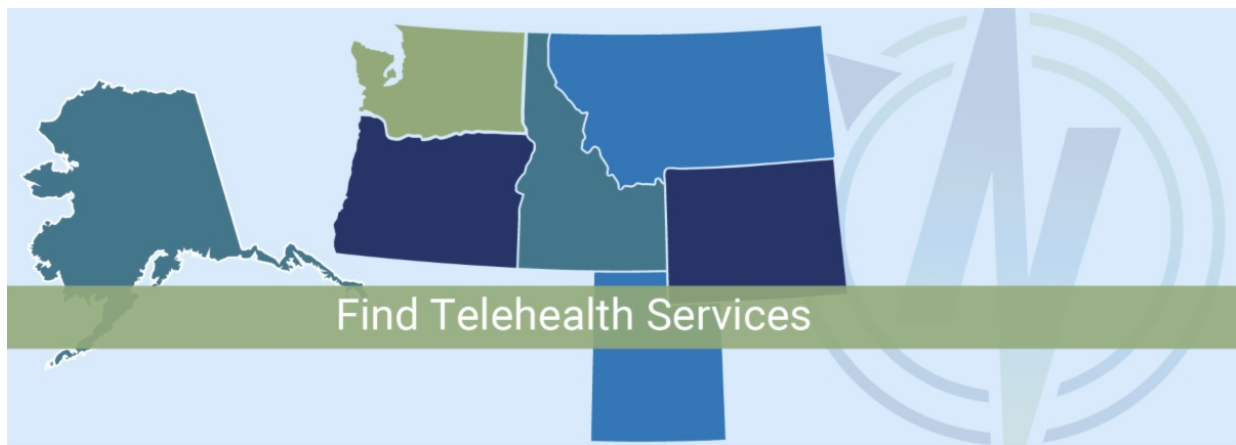
Learn how to write better grant proposals, turn the rural nature of your practice to your advantage, how to connect with funders and more. This series is perfect for beginners who want to draft winning program

proposals. Participants will earn a certificate of completion, and will leave with tools, templates, and tips. The sessions will offer an opportunity for one-on-one support, peer review and discussion with experienced grant writers.

Virtual sessions held Feb. 27–May 8, on Mondays from 11 a.m. to 12:30 p.m. M.T.

[View the full curriculum](#) in the Rural Health Grant Writing Institute flyer.

[Registration ends Feb. 17](#)



Do you provide health care or services via telehealth?

- NRTRC's [telehealth services finder](#) is available to help patients and providers find in-person and telehealth care. Please review your clinic's information or complete the [2023 intake form](#) to ensure that information on your practice and your services is up-to-date. [Click here to update the information on your practice.](#)
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Northwest Regional State Telehealth Website Links

- [Alaska Collaborative for Telehealth and Telemedicine](#)
 - [Idaho Department of Health and Welfare](#)
 - [Montana Telehealth Alliance](#)
 - [Telehealth Alliance of Oregon](#)
 - [Utah Telehealth Network](#)
 - [Washington State Telehealth Collaborative](#)
 - [Washington State Department of Health](#)
 - [Wyoming Telehealth Network](#)
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Telehealth Resources

- [Telehealth Tools and Resources](#): Find up-to-date telehealth tools & resources.
 - [Professional Development](#): Visit NRTRC's catalog of online telehealth training courses.
 - The Telehealth Resource Centers have gathered resources specific to [Federally Qualified Health Centers](#). Examples include a [Critical Access Hospital Telehealth Guide](#) and a webinar on Telehealth Essentials for FQHCs.
 - [Emergency Declarations](#): Utah is the only state in the Northwest Region still under an emergency declaration because of the COVID pandemic. It is set to expire when the national PHE expires.
 - [Updated legislation and regulations](#): Keep up with regulations and proposed legislation for the states of the Northwest Region.
 - [Research](#): current research opportunities, research articles and survey results.
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Grant Funding Opportunities

- Refer to the [funding page](#) on the

NRTRC website for updated grant opportunities.



[NRTRC on YouTube](#)

NRTRC's 2022 Annual Telehealth Conference video sessions are free to view. If you were unable to attend, or want to watch your favorite sessions again, visit [NRTRC's YouTube](#) page.



Affordable Connectivity Program
*Helping Households Get
Access to Broadband*

Find out if you qualify and how to participate. Visit: fcc.gov/ACP

Northwest Regional Telehealth Resource Center
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