

Greetings Northwest Region:



The 2024 NRTRC Conference final agenda has been posted!

Conference Agenda

Mark your calendars and prepare for three days of informative, interactive and innovative telehealth sessions. From cutting-edge insights on telehealth's future to discussions about digital health equity, this conference promises to be a game-changer.

See information about the <u>conference</u> and register today!

Register

Highlight your organization!
Sponsor or exhibit at the NRTRC Conference!
Limited Space Available!

Sponsor Details



New Year Brings Updated Telehealth Resources

With the new year comes new information as we recalibrate and track legislation to stay current with telehealth and virtual care delivery following the May 11, 2023, end of the public health emergency and the CY24 Physician Final Fee Schedule.

The NRTRC has updated the following resources:

- Idaho Telehealth Training
- Montana Telehealth 101
- Montana Telebehavioral Health
- Telehealth 101
- Navigating the Telehealth Neighborhood: A Guide to Telehealth Access for Digital Navigators
- Remote Physiologic and Therapeutic Monitoring (RPM and RTM)
- Telehealth Program Assessment
- Telehealth Services and Codes
- CMS' Care Management Services Implementation Guidance This update includes details for the new (as of Jan 1, 2024) monthly care management codes and services for Community Health Integration (CHI) and Principal Health Navigation (PIN). We consider these virtual services a vital expansion of CMS' care management services that support individuals in meaningful ways between visits; these codes also provide pathways to reimbursement for community health workers (CHWs) and peer specialists.

Critical Access Hospital Telehealth Guide updates are coming soon.

NCTRC Annual Report

Annual Report: <u>The National Consortium of Telehealth Resource Centers (NCTRC)</u> 2023 Annual Report is now available! Through significant expertise and partnerships with stakeholders, the NCTRC rose to the challenge of helping the nation advance telehealth in an everchanging healthcare landscape.

As interest in the field of telehealth continues to increase, the TRCs remain committed to providing vital technical assistance, training, and resources to the nation's healthcare system and citizens. For more information, read the <u>full report</u>.





The final rule Medications for the Treatment of Opioid Use Disorder was published on February 2, 2024; Substance Abuse and Mental Health Services Administration (SAMHSA) developed the rule in consultation with the Drug Enforcement Administration. Opioid Treatment Programs (OTPs) are accredited treatment programs with SAMHSA certification and Drug Enforcement Administration (DEA) registration to administer and dispense opioid agonist medications (e.g., methadone, buprenorphine, naltrexone) that are approved by the Food and Drug Administration (FDA) to treat Opioid Use Disorder (OUD).

For more details check out the Center for Connected Health Policy (CCHP) Fact Sheet.



Events to Bookmark in 2024

February

Net Inclusion 2024: The Net Inclusion conference has been a staple in the digital inclusion community since 2016, bringing hundreds of practitioners, advocates, academics, internet service providers, and policymakers together to share their knowledge and discuss. February 13 - 15

NCTRC Webinar - Can You Hear Me? Equitable Access to Telehealth for Deaf, Hard of Hearing, and Deaf-Blind Patients: Join us for an insightful webinar as we delve into the world of telehealth for patients who are Deaf, Hard of Hearing, or DeafBlind. This session aims to provide an overview, highlighting the good, the bad, and the ugly aspects of telehealth accessibility for these patient populations. Our panel will guide you through real-life scenarios, showcasing successful approaches and areas that need improvement. This webinar provides a unique opportunity to enhance your understanding of telehealth in the context of diverse patient needs. Join us in fostering a more inclusive healthcare system for all. February 21, 12:00 p.m. - 1:00 p.m.

Do You Provide Health Care or Services via Telehealth?



NRTRC's <u>Find Telehealth</u> is available to help patients and providers find in-person and telehealth care along with locations to have telehealth visits. TAPs can be viewed by turning on the TAPs button on the map.

Click Here to Update Information on your Practice

Click Here to Add a TAP



Northwest Regional State Telehealth Website Links

- Alaska Collaborative for Telehealth and Telemedicine
- Idaho Department of Health and Welfare
- Montana Telehealth Alliance
- Telehealth Alliance of Oregon
- Utah Telehealth Network
- Washington State Telehealth Collaborative
- Washington State Department of Health
- Wyoming Telehealth Network



Telehealth Resources

- Telehealth Tools and Resources: Find up-to-date telehealth tools & resources.
- <u>Professional Development</u>: Visit NRTRC's catalog of online telehealth training courses.
- The Telehealth Resource Centers have gathered resources specific to <u>Federally</u> <u>Qualified Health Centers</u>.
- <u>Updated legislation and regulations</u>: Keep up with regulations and proposed legislation for the states of the Northwest Region.
- Research: current research opportunities, research articles and survey results.

Grant Funding Opportunities

 Refer to the <u>funding page</u> on the NRTRC website for updated grant opportunities.



Success Story

<u>Using Digital Navigators to get</u> Telehealth Care

Digital navigators can teach patients how to get health care from home or work.



Using telehealth to receive health care services has become more common. However, patients who struggle with high-tech tools may not use telehealth. Digital navigators are helpers who teach people to use electronic devices. They can help patients feel comfortable using telehealth.

Some people need help using telehealth because they are uncomfortable with high-tech gadgets. Others don't have access to the internet or a device. Technology and the internet are important because they let people get the services they need.

The Northwest Regional Telehealth Resource Center (NRTRC) wanted to help people with little experience using technology. The Health Resources and Services Administration funds the NRTRC. The NRTRC created a course for digital navigators. They learned how to teach patients to use computers and smartphones and how to connect to the internet.

The digital navigator training has many helpful tools. It includes information on how to get connected to the internet. There are maps to help patients find public places for a telehealth visit if needed.

- Telehealth training for digital navigators helps them improve how they teach people about telehealth tools.
- Telehealth training for digital navigators helps them improve how they teach people about telehealth tools. Digital navigators can play an important role in helping people use telehealth.

Follow Us:



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