



Take part in the 2024 Fifth Annual Northwest Regional Telehealth Survey! By participating in this survey, you help the NRTRC understand the current state of telehealth, and you help us support those implementing and sustaining telehealth services. This survey should take no more than 5 minutes to complete and is intended for those individuals or organizations that deliver healthcare services via telehealth.

Participants who complete the survey can opt into a drawing for an Amazon gift card!

**Take the Survey Here** 

See Previous Years' Survey Results

## **TeleBehavioral Health 501 Webinar Series**



Don't Miss Our Eighth CME/CEU-Accredited TeleBehavioral Health 501 Series Presentation!

This training series is a free monthly webinar open to anyone providing services to individuals who live with mental health and substance use

issues. CME/CEU are available.

#### Friday, August 16, at 11 a.m.-12 p.m. PT

# The Nitty Gritty of Billing for Telehealth

#### **Overview:**

Learn about telehealth from an expert who has seen it all. A telehealth billing and reimbursement specialist, Carol Yarbrough, MBA, will confirm, clarify, and consider the behavioral health CPT codes applicable to virtual care visits. While the past four years have



exposed many providers to how to conduct virtual care visits, maintaining compliance with current billing regulations and getting paid can be tricky to navigate. Bring your questions and prepare to be amazed!

#### Attendees will learn:

- Where to locate the Medicare telehealth services list
- Why CPT modifiers should match the modality of the service
- What's coming next for continued reimbursement and anything new for BH introduced in the 2025 Medicare Physician Fee Schedule

### Carol Yarbrough, MBA:

Carol Yarbrough, MBA, is a healthcare compliance and reimbursement specialist. With a unique background in legal, technology, revenue management, and clinic management, and knowledge of both federal and state healthcare regulations, she provides insight into virtual services' billing, reimbursement, and compliance. She works hands-on with professional and hospital-based professionals to review and implement these services. She also offers Current Procedural Terminology (CPT) webinars nationally to both coding and medical professionals and is said to make the mundane manageable and even fun.

**Click here** to begin learning!

# TeleBehavioral Health 401 Series

**ENROLL NOW** 

Presented by:



### **TeleBehavioral Health 401 Series Available**

The NRTRC, in collaboration with the University of Washington Behavioral Health Institute, is excited to announce that TeleBehavioral Health 401 is now live! Discover innovative methods to enhance telebehavioral healthcare delivery while expanding your reach to individuals who are geographically dispersed or mobility challenged. Increase your knowledge of the latest technologies and best practices in telebehavioral health while gaining confidence in addressing ethical considerations specific to teletherapy.

**Link to Enroll** 

# **Regional News**



Photo credit: Microsoft

# **Cybersecurity for Rural Hospitals**

Microsoft is offering a Cybersecurity Program for Rural Hospitals to keep the communities they serve safe and secure. The program includes affordable access to Microsoft Security solutions with nonprofit grants and discounts to

independent Critical Access Hospitals and Rural Emergency Hospitals. Learn more <u>here</u>.



THE NATIONAL
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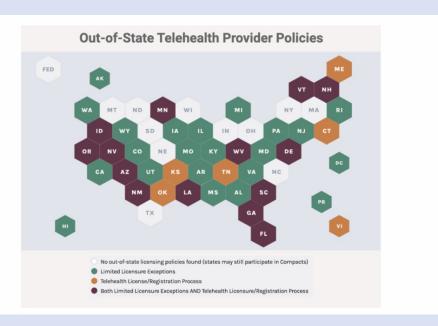
# News from the Center for Connected Health Policy (CCHP)

# Act Now: Comments to the Proposed CY 2025 Physician Fee Schedule Due September 9, 2025!

The Calendar Year 2025 Proposed Physician Fee Schedule (CY25PFS) was released in early July. If you would like to provide comments, you need to do so by **September 9**, **2024** (click the "Submit a Formal Comment" button on this page). The Center for Connected Health Policy (CCHP) has created afact sheet of the significant telehealth policy proposals and a video that digs in a bit deeper.

CCHP released three new licensure resources:

- Out-of-State Telehealth Provider Policies Fact Sheet
- Policy Trend Map (below)
- Cross-State Licensure and Compacts Webinar Recording For CCHP's full newsletter, go here.



# HRSA's National Telehealth Conference Recordings Now Available

The Health Resources and Services Administration (HRSA) National Telehealth Conference sessions recordings, as well as a summary report with a link to the slides, are now available. Public and private sector leaders came together to discuss telehealth best practices for a full day, covering the

#### following topics:

- Efforts to expand access to telebehavioral health services via interstate licensure
- Implications of health policy to inform telehealth's future
- Ways to expand access to services via telehealth to underserved and low-income communities
- Innovations in healthcare utilizing telehealth
- Expansion of broadband connectivity and the adoption of telehealth to improve health equity

#### **Watch Recordings**



# **Events to Bookmark in 2024**

# **August**

### SDOH and Telehealth: A Shared Journey for Patients and Care Teams

Aug 14, 2024 @ 1 p.m.-2 p.m.

Organizer: California Telehealth Resource Center

A presentation of the patient and care team experience of screening patients for social determinants of health (SDOH) using telehealth.

#### **Telehealth T-Time**

Aug 15, 2024 @ 9 a.m.–12 p.m.
Organizer: Ingenium Health Advisors

NRTRC is a proud sponsor of Telehealth T-Time: A Community for Telehealth Enthusiasts — a free monthly event to learn from and network with your telehealth peers.

This month's Telehealth T-Time on August 15, 2024 focuses on school-based telehealth and features three presentations: "Navigating Challenges in School-based Telehealth," "Implementing a CHW-Supported Tele-Behavioral Health Model for Youth in a Rural School Setting," and "An FQHC, a School, and a Grant: A Cape Cod Telehealth Success Story."

NCTRC Webinar—Connecting Closer To Home—Why Broadband and Telehealth Need Each Other

Aug 15, 2024 @ 12 p.m.-1 p.m.

Organizer: National Consortium of Telehealth Resource Centers

More patients are receiving care in their homes, and more providers are using their homes to deliver telemedicine care. In this informational session, the Telehealth Technology Assessment Center will share why broadband matters in telehealth, how to ensure you are getting the connectivity you need to deliver (or receive) care, and resources to share with patients and providers who have questions about their connectivity.

### Community Health Institute (CHI) & Expo Conference

Aug 24-Aug 26

Atlanta, GA

Organizer: National Association of Community Health Centers

The 2024 Community Health Institute (CHI) & Expo Conference is the premier gathering of the nation's community health centers, the largest network of primary care providers in the nation. CHCs currently serve 1 in 11 Americans, but NACHC's goal is for health centers to serve one in three Americans as the nation's healthcare employer, provider, and partner of choice. The conference will provide attendees with the latest in science, education, practice, and policy that health centers need to stay competitive and financially stable.

# Using Patient Journeys to Improve Digital Health Tool Adoption

Aug 28, 2024 @ 1 p.m.–2 p.m.

Organizer: California Telehealth Resource Center

This webinar highlights how the patient experience of engaging with digital health tools can guide clinics in increasing adoption and utilization. While the patients are fictional, the experiences discussed represent how patients may first learn about and interact with digital health tools, as well as how the clinics can facilitate these experiences.

### September

#### **AAIP's 52nd Annual Meeting and Health Conference**

Sep 5-Sep 8

Salt Lake City, UT

Organizer: Association of American Indian Physicians

The Association of American Indian Physicians (AAIP) announces the 52nd Annual Meeting and National Health Conference, "Empowering Indigenous Health: Unifying Efforts for Progress."

The conference is presented by AAIP, and the Indian Health Service (IHS) Clinical Support Center is the accredited provider.

#### **Telehealth Awareness Week**

Sep 15-Sep 21

Organizer: American Telemedicine Association (ATA)

During Telehealth Awareness Week (TAW), the ATA invites telehealth solution providers, hospital systems and medical practices, patient advocacy leaders, policymakers, and other stakeholders to highlight the need to establish an omnichannel care model that includes in-person and virtual care.

TAW will also feature a series of national and regional events to explore the role of

telehealth in care delivery, provide new educational resources focused on the key advantages of omnichannel care, and elevate the voices of patients and healthcare professionals who depend on telehealth to receive and deliver care.

TeleBehavioral Health 501: Best Practices for Telemental Health with Clients who are Deaf, Deaf/Blind and/or Hard of Hearing

Sep 20, 2024 @ 12 p.m.-1 p.m.

Organizer: <u>University of Washington Behavioral Health Institute</u>

TeleBehavioral Health 501 is a free 12-part webinar series open to anyone providing services to individuals who live with mental health and substance use issues. This Zoom-based series takes place the third Friday of each month, January through December 2024, from 11 a.m. – 12 p.m. (PT). You are invited to attend all webinars, but you will need to register for each webinar separately.

#### October

#### **AnchorNETS**

Oct 2-Oct 4

Crystal City, VA

Organizer: School Health and Libraries Broadband (SHLB) Coalition

The Annual SHLB Conference is the best place to expand your networks and knowledge of all things related to anchor institution broadband. Schools, libraries, telehealth networks, companies, and consultants attend from around the country to learn about their connectivity options. This year's conference will have a special focus on the wide variety of federal broadband funding opportunities, including the IIJA programs, Emergency Connectivity Fund, the Treasury Department Capital Projects Fund, as well as E-Rate, rural healthcare, and digital equity programs.

<u>TeleBehavioral Health 501: Principles and Guidelines for Delivering</u>
<u>TeleBehavioral Health to Older Adults and Clients with Cognitive</u>
<u>Disorders in Home-Based Primary Care</u>

Oct 18, 2024 @ 12 p.m.-1 p.m.

Organizer: University of Washington Behavioral Health Institute

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#### November

#### **2024 Rural Health Association of Utah Annual Conference**

Nov 13-Nov 14

St. George, UT

Organizer: Rural Health Association of Utah

The Rural Health Association of Utah Conference is an annual event dedicated to promoting and improving rural healthcare in Utah. Join us for two days of insightful discussions, networking opportunities, and knowledge sharing. The 2024 Annual Rural Health Association of Utah Conference is on November 13 and 14 in beautiful St. George, Utah. The theme of this year's conference is Cultivating Healthier Lives in Rural Utah.

### TeleBehavioral Health 501: Working with Interpreters via Telehealth

Nov 15, 2024 @ 12 p.m.-1 p.m.

Organizer: University of Washington Behavioral Health Institute

TeleBehavioral Health 501 is a free 12-part webinar series open to anyone providing services to individuals who live with mental health and substance use issues. This Zoom-based series takes place the third Friday of each month, January through December 2024, from 11 a.m.–12 p.m. (PT). You are invited to attend all webinars, but you will need to register for each webinar separately.

# Do You Provide Healthcare or Services Via Telehealth?



NRTRC's <u>Find Telehealth</u> is available to help patients and providers find inperson and telehealth care along with locations to have telehealth visits. TAPs can be viewed by turning on the TAPs button on the map.

# Click Here to Update Information on Your Practice Click Here to Add a TAP



# Northwest Regional State Telehealth Website Links

- Alaska Collaborative for Telehealth and Telemedicine
- Idaho Department of Health and Welfare
- Montana Telehealth Alliance
- Utah Telehealth Network
- Washington State Telehealth Collaborative

- Washington State Department of Health
- Wyoming Telehealth Network



### **Telehealth Resources**

- <u>Telehealth Tools and Resources</u>: Find up-to-date telehealth tools & resources.
- <u>Professional Development</u>: Visit NRTRC's catalog of online telehealth training courses.
- The Telehealth Resource Centers have gathered resources specific to <u>Federally Qualified Health Centers</u>.
- <u>Updated legislation and regulations</u>: Keep up with regulations and proposed legislation for the states of the Northwest Region.
- <u>Research:</u> Find current research opportunities, research articles, and survey results.

# **Grant Funding Opportunities**

Refer to the <u>funding page</u> on the NRTRC website for updated grant opportunities.



#### Northwest Regional Telehealth Resource Center

"This publication was made possible by grant number UiUTH42531-01 from the Office for the Advancement of Telehealth, Health Resources and Services Administration, DHHS"

#### Follow Us:



Northwest Regional Telehealth Resource Center 101 Wasatch Drive | Salt Lake City, UT 84112 US

www.nrtrc.org | Phone (801)587-0349 | Toll Free (833) 747-0643

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