



Holiday Wishes From NRTRC!

Thank you for another remarkable year of partnership and progress. Your engagement and commitment to telehealth innovation continue to expand access for rural and under-resourced communities. We're excited for the opportunities ahead in 2026 and look forward to the work we'll continue to accomplish together.

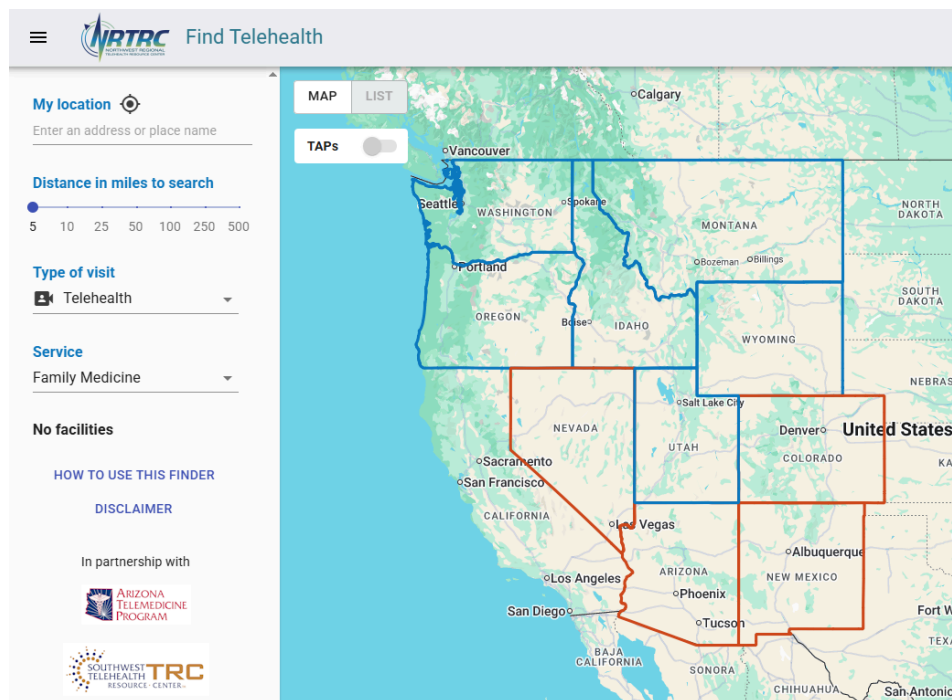
Exciting Updates for the NRTRC Find Telehealth Map!

The NRTRC is thrilled to announce that, in partnership with Southwest TRC and the Arizona Telemedicine Program, the [Find Telehealth Map](#) has expanded to include healthcare facilities for Colorado and New Mexico!

Now you can easily locate telehealth and in-person healthcare service providers across the North and Southwest. Locate telehealth access points (TAPs) nationwide.

- [Explore the map today](#)

- [Click Here to Update Information on Your Practice](#)
- [Click Here to Add a TAP](#)



Telehealth's Future Is Taking Shape—Here's What You Need to Know



The 2026 Medicare Physician Fee Schedule (PFS) Final Rule brings significant, permanent telehealth expansions—especially beneficial for rural and underserved communities. Meanwhile, Congress has extended several critical flexibilities into 2026. The [NTRTC's brief](#) breaks down what has been finalized, what remains temporary, and how these changes could impact clinics, residency programs, and patient access across the Northwest. Centers for Medicare and Medicaid (CMS) updated their [Telehealth FAQ for CY 2026](#) on 11/20/25.

Events to Bookmark in 2025

December

[TeleBehavioral Health 2025: Cognitive Behavioral Therapy \(CBT\) over Telehealth](#)

Dec 12 @ 12 p.m.–1 p.m.

Organizer: [University of Washington Behavioral Health Institute](#)

This 1-hour informational webinar will highlight strategies for expanding access to Cognitive Behavioral Therapy for psychosis (CBTp) through telehealth. The session will review key considerations in identifying appropriate clients, establishing safe and effective virtual sessions, and adapting core CBTp interventions to the telehealth environment. Emphasis will be placed on maintaining collaboration, engagement, and fidelity while promoting equitable access to evidence-based care for individuals with psychotic spectrum disorders

January

TeleBehavioral Health 2026: Telehealth and Telebehavioral/TeleMental Health Policy Update

Jan 16 @ 12 p.m.–1 p.m.

Organizer: **University of Washington Behavioral Health Institute**

The TeleBehavioral Health 2026 Training Series is a free, twelve-part webinar series open to anyone providing services to individuals who live with mental health and substance use issues. This Zoom-based series takes place on the third Friday of each month, January through December 2026, from 11 a.m.–12 p.m. (PT). You are invited to attend all webinars, but you will need to register for each webinar separately.

February

TeleBehavioral Health 2026: Digital Literacy across Healthcare Systems

Feb 20 @ 12 p.m.–1 p.m.

Organizer: **University of Washington Behavioral Health Institute**

The TeleBehavioral Health 2026 Training Series is a free, twelve-part webinar series open to anyone providing services to individuals who live with mental health and substance use issues. This Zoom-based series takes place on the third Friday of each month, January through December 2026, from 11 a.m.–12 p.m. (PT). You are invited to attend all webinars, but you will need to register for each webinar separately.

Do You Provide Healthcare or Services via Telehealth?



NRTRC's [Find Telehealth](#) helps patients and providers find in-person care, telehealth care, and locations to have telehealth visits. Turn on the map's Telehealth Access Points (TAPs) button to view sites.

[Click Here to Update Information on Your Practice](#)
[Click Here to Add a TAP](#)



Northwest Regional State Telehealth Websites

- [Idaho Telehealth Alliance](#)
- [Montana Telehealth Alliance](#)
- [Utah Telehealth Network](#)
- [Washington State Department of Health](#)
- [Wyoming Telehealth Network](#)



Telehealth Resources

- [**Telehealth Tools and Resources**](#): Find up-to-date telehealth tools and resources.
- [**Professional Development**](#): Visit NRTRC's catalog of online telehealth training courses.
- [**Updated Legislation and Regulations**](#): Keep up with regulations and proposed legislation for the states of the Northwest Region.
- [**Research**](#): Find current research opportunities, research articles, and survey results.

Northwest Regional Telehealth Resource Center

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